



OMUAFC welcomes everybody to the start of a New Soccer Season, to help you all know who's who and what to expect, the club provides this 'Welcome Pack' to help answer many of the questions you might have.

**[www.omuafc.org.nz](http://www.omuafc.org.nz)**

[www.omuafc.org.nz](http://www.omuafc.org.nz) is the club website and is an important method by which the club advises of upcoming events, contact details of club officials and the latest club news. You are all encouraged to login and check out the site. Information can also be found on the club **Facebook** page.

**Player Registration** will take place on the following days at the clubrooms. Players complete a Club membership form which covers player details and medical information. Parents will be asked to sign this form with consent. Please ensure this form is completed correctly.

Monday 12th Feb 5.00pm till 7.00pm

Thursday 15<sup>th</sup> Feb 5.00pm till 7.00pm

Monday 19<sup>th</sup> Feb 5.00pm till 7.00pm

**NB** To enable the club to stay in touch with you throughout the season, please inform the registration officer of any contact detail /email changes.

**PLEASE PRINT YOUR EMAIL ADDRESS CLEARLY ON THE REGISTRATION FORM**

### **Fees**

OMUAFC is a non-profit organisation run by volunteers. The membership/subscription fees are to cover charges imposed on the club by AFF and NZF, as well as covering coaching equipment, playing strips and operating costs of the club.

Everybody is required to pay their fees at registration; various methods are made available to enable you to pay

i.e. Cash, Eftpos, Credit Card, Cheque and an Automatic Payment option (Feel free to ask the registration officers for details).

**4 - 6 yrs (First Kicks)** - \$60 - Fee includes OM ball carry bag + team photo (player must provide own regulation **size 3** training ball)

**7th /8th Grade** - \$85 - Fee includes OM ball carry bag + team photo (player must provide own regulation **size 3** training ball)

**9th- 12th Grade** - \$100 - Fee includes OM ball carry bag + team photo (player must provide own regulation **size 4** training ball)

**13th - 17th Youth** - \$125 Fee includes team photo

**19th Grade** - \$125

**Students (Full Time)** - \$160 (**Must provide copy of student ID**)

**Senior Men's** \$250 \*Discounted to \$225 if paid on or before Wednesday 1<sup>st</sup> March

**Senior Women's** \$240 \*Discounted to \$215 if paid on or Wednesday 1<sup>st</sup> March

A 10% Discount is given to the many families who have more than one player at the club.

Late Registrations will be accepted subject to space being available in teams contact BARBARA LINDSAY.

### **Team selection 9<sup>th</sup> to 17<sup>th</sup> Grade**

For player development and club growth OMU AFC encourages players to compete at a level best suited to individual athletes. We are lucky enough to have all levels of players within our club and the support to ensure everyone has the same opportunity for success within their sport at a level they are comfortable with.

As a club, team selection will be focused on players competing at levels that challenge their abilities. If required we will be running a "Team Selection Day" **TBC (NB Only grades with more than one team of registered players will be required to attend a selection day) The Club will make contact with a date and time.**

Selection day will give the players an opportunity to play football, meet other players, coaches and parents. Club officials will evaluate the players' abilities while they play. Evaluation covers all aspects of the game e.g passing ability, receiving and turning, Vision and awareness.

From there the Club officials will create team lists. Parents and players will be notified of teams and training nights by their coaches/ managers over the following weeks.

Players will be notified by their coach after Registration and Team Selection has been finalised

### **Football Gear**

Every player **MUST** have Shin Pads, Boots, White Shorts and full Red Socks.

All gear is available from most Sportswear retailers. Playmaker Sports ([www.playmakersports.co.nz](http://www.playmakersports.co.nz)) does sell OMU playing gear.

### **Footballs**

Players must provide their own training balls for the following grades :

**First Kicks – Size 3**

**7<sup>th</sup>/8<sup>th</sup> Grade – Size 3**

**9<sup>th</sup>/10<sup>th</sup>/11<sup>th</sup>/12<sup>th</sup> Grade – Size 4**

This encourages players to take responsibility of a ball and enable practice at home. OMU AFC provides a handy ball carry bag as part of your fees.

### **Soccer Matches**

OMU AFC is affiliated to Auckland Football Federation who Organise the interclub leagues.

The season competition starts: 7<sup>th</sup> April – Senior / 28<sup>th</sup> April – Youth / 5<sup>th</sup> May – Junior

First Kicks will be played on Monday evenings, starting 30<sup>th</sup> April, 5.30-7pm at Swanson Park

Your Coach /Manager will tell you exactly where and when - prior to your first game.

**Junior Grades**, 7 & 8<sup>th</sup> Grade will play their games at Mangere Mountain (Home games) or at Micheals Ave, Ellerslie (Away games)

**Youth Grades** 9<sup>th</sup> Grade Up will play Mangere Mountain (Home games) and at various venues as advised by your Coach/ Manager (Away games)

**www.aff.org.nz** is the web site of the Auckland Football Federation. By visiting this site you can find out things such as, Ground Locations, Cancellations, Change of Venue's, Your team Position in the league and Game Draws.

### **Clubroom Activities**

On Saturday evenings at 5.30pm, OMUAFC runs a Prize giving for all teams. 'Player of the Days' are announced and trophies presented. This event is normally well attended and a lot of fun. Everybody is encouraged and invited to come up to the clubrooms

On Thursday night the club and bar is open.

Once or twice a season a Disco is run for the Junior Kids.

Fundraising Nights as advised are held throughout the season.

**Check the Club Notice Board, website or facebook for dates and times.**

The Clubrooms are available to Hire for Private Functions, contact Trina Forbes Dawson on [onehunga.mangere@gmail.com](mailto:onehunga.mangere@gmail.com) for details.

OMUAFC prides itself on being a Family Friendly Club run by Volunteers who are always appreciative of a helping hand. The sport would not continue without the support of the officials, the coaches and the other volunteers within clubs. If you are interested in getting involved, please contact a COMMITTEE MEMBER. No experience required - only enthusiasm!

There is training available to volunteers, through Auckland Football and OMUAFC supports our volunteers and therefore provides some funding towards these courses. If you would like to see more details about coaching, officiating and other courses, please email: [admin@omuafc.org.nz](mailto:admin@omuafc.org.nz).

### **Coach's Code of Conduct**

**OMUAFC** is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, officials, administrators parents and spectators associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, all those associated will OMUAFC should comply by this Code of Conduct.

Be reasonable in your demands on young players' time, energy and enthusiasm.

- Teach your players that the rules of the game are mutual agreements, which no one should evade or break.
- Whenever possible, group players according to age, height, skills and physical maturity.
- The scheduling and length of practice times and competition should take into consideration the maturity level of players.

- Avoid over-playing the talented players. The “just-average” players need, and deserve, equal time.
- Remember that children play for fun and enjoyment and that winning is only part of their motivation. Never ridicule children for making mistakes or losing a game.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of the players.
- Develop team respect for the ability of opponents as well as for the judgement of officials and opposing coaches.
- Actively discourage the use of performance enhancing drugs, and the use of alcohol, tobacco and illegal substances.
- Be aware of the role of the coach as an educator. As well as imparting knowledge and skills, promote desirable personal and social behaviours.
- Seek to keep abreast of changes in the sport; ensure that the information used is up to date, appropriate to the needs of players and takes account of the principles of growth and development of children. Do not tolerate acts of aggression.
- Provide feedback to players and other participants in a manner sensitive to their needs. Avoid overly negative feedback.
- Recognise players' rights to consult with other coaches and advisers. Cooperate fully with other specialists (for example, sports scientists, doctors and physiotherapists) and follow the advice of a physician when determining when an injured player is ready to recommence play.
- Treat all players fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status and other conditions.
- Encourage and facilitate players' independence and responsibility for their own behaviour, performance, decisions and actions.
- Involve the players in decisions that affect them.
- Ensure any physical contact with players is appropriate to the situation and necessary for the player's skill development. Avoid situations with your players that could be construed as compromising.
- Do not exploit any coaching relationship to further personal, political or business interests at the expense of the best interest of your players
- Be acutely aware of the power that you as a coach develop with your players in the coaching
- relationship and avoid any sexual intimacy with players that could develop as a result

### **Participant's Code of Conduct**

- Play for the “fun of it” and not just to please parents and coaches.
  - Co-operate with your coach, teammates and opponents. Without them there would be no competition.
  - Play by the rules.
  - Be a good sport. Acknowledge all good plays whether they are from your team, the other team or another player.
  - Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player.
  - Never argue with an official. If you disagree, have your coach or manager approach the referee during a break or after the game in an appropriate manner.
  - Control your temper. Verbal abuse of officials or other players, deliberately distracting or provoking an opponent is not acceptable or permitted in Soccer.
  - Work equally hard for yourself and for your team. Your team's performance will benefit, so will you.
  - Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player.
- All members must respect the rights, dignity and worth of all participants regardless of gender, ability, cultural background or religion.
- Be prepared to lose sometimes. Everyone wins and loses at some time. Be a fair winner and good loser.

### Parent's Code of Conduct

- Respect the rights, dignity and worth of others.
- Encourage children to participate if they are interested. If they are not, don't force them. Remember children are involved in sport for their enjoyment, not yours.
- Focus on playing the game, reducing the emphasis on winning.
- Help your child to recognise good performance, not just results. Applaud good play by all teams.
- Demonstrate a high degree of individual responsibility especially when dealing with or in the vicinity of persons under 18 years of age, as your words and actions are an example.
- Encourage your child to learn the rules and play within them.
- Never ridicule or yell at your child and other children for making a mistake or losing a competition.
- Accept decisions of all officials as being fair and called to the best of their ability. Do not raise issues of disagreement publicly.
- Support all efforts to remove verbal and physical abuse from sporting activities and avoid use of derogatory language based on gender, race or impairment.
- Encourage and guide performers to accept responsibility for their own performance and behaviour.
- Understand the repercussions if you breach, or are aware of any breaches of, this code of behaviour

### Spectator's Code of Conduct

- Remember children play sport for fun. They are not playing for the entertainment of spectators. They are not miniature professionals.
- Applaud good performances from each team. Congratulate all players regardless of the outcome.
- Respect the referee's decision. If there is disagreement, follow the appropriate procedure in order to query the decision.
- Never ridicule or scold a child for making a mistake during competition. Be positive.
- Condemn the use of violence in any form, be it by spectators, coaches or players.
- Show respect for your team's opponents, without them, there would be no game.
- Encourage players to obey the rules and decisions of officials.
- Demonstrate appropriate social behaviour by not using foul language, harassing players, coaches or officials.
- Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.

### Official's Code of Conduct

- Interpret rules and regulations to match the skill level and the needs of participants.
- Compliment both teams on their efforts. Encourage participants to value their performances and not just results.
- Be consistent, objective and courteous in calling all infractions.
- Consider the wellbeing and safety of participants before the development of performance.
- Condemn the deliberate foul as being unsportsmanlike, and promote fair play and appropriate sporting behaviour.
- Use common sense to ensure that the "spirit of the game" for children is not lost by overcalling violations.
- Actions speak louder than words. Ensure that both on and off the court your behaviour is consistent with the principles of good sportsmanship.
- Make a personal commitment to keep yourself informed of sound officiating principles and the principles of growth and development of children.
- Help the education process in the game. Referees can help players learn to play the game well by ensuring rule infractions are understood, and by encouraging fair play.
- Never exert undue influence over performers to obtain personal benefit or reward.
- Never condone rule violations, rough play or the use of prohibited substances.

**Encourage and guide participants to accept responsibility for their own performance and behaviour**